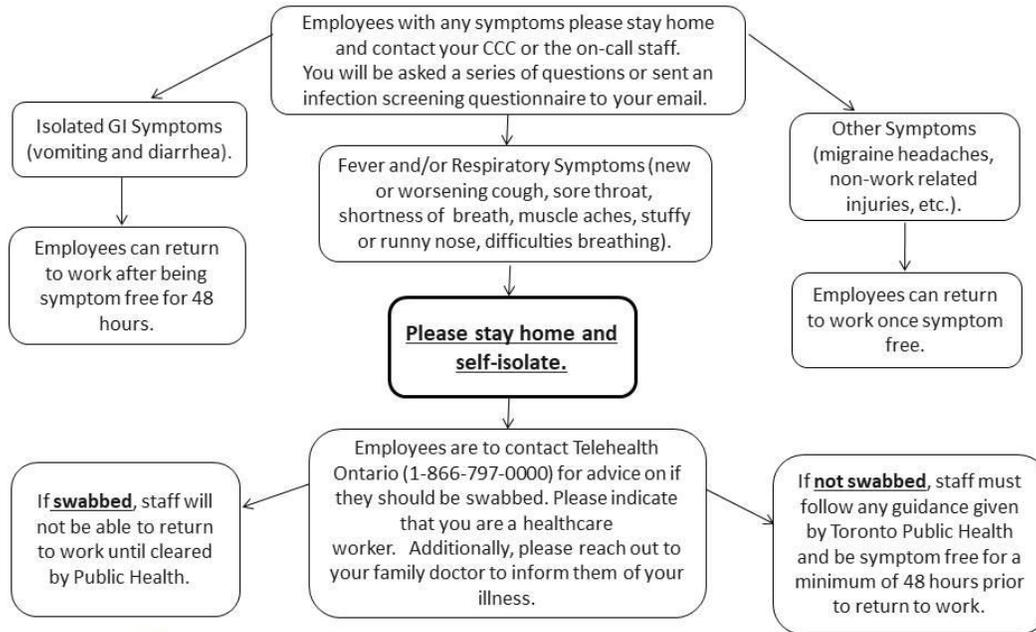


Novel Coronavirus (COVID-19) Fact Sheet 3

Q: I have mild cold symptoms but I am scheduled to work. What should I do?

A: The answer to this depends on what symptoms you have. No matter what, if you are unwell –even a little please stay home. See the below algorithm below for guidance:



Q: What to do if other clients have mild symptoms of a cold?

A: Unfortunately, it is cold and flu season so it is expected that some clients may get a cold. If the client has no known exposure to COVID-19, and is healthy with no complications or changes in their status, there is no need to them to get assessed. Any concerns please reach out to your CCC or the Director of Programs and Professional Practice for further support. Please remember to wear the appropriate PPE when providing care to protect yourself from exposure to bodily fluids.

Q: What does social distancing really mean?

A: This means making changes in your everyday routines in order to minimize close contact with others. People across Ontario are working together to minimize transmission to vulnerable populations. Some examples of social distancing include:



- Keeping a distance of at least 2 arms lengths (approximately 2 meters or 6 feet) from others, as much as possible.
- Avoiding crowded places and non-essential gatherings. This includes not going to the mall or any areas that may still be open that you will be unable to stay 2 meters away from someone else.
- Do not shake someone's hand; try giving them a friendly wave.
- Stay home if you do not need anything urgently.
- Limiting contact with people at higher risk (e.g. older adults and those in poor health).
- Limit contact with unnecessary/non-essential people – try virtual hangouts.

Q: I have worked with the same staff the last three shifts; do I still need to screen them when they come into work.

A: Yes. We are asking you to help us keep our client and all employees safe. It is all our responsibilities to hold each other accountable.

Q: The number of cases in Ontario is increasing, is social distancing does not work?

A: No, it does not mean it is not working. It is believed that cases that are presenting now are from people who were exposed potentially 14 days ago. We **MUST** continue to do everything we can to help keep our clients safe and help the greater healthcare system manage this pandemic.

Q: Can we use agency staff?

A: At this time, yes you can. However, we are encouraging the CCC's to collaborate and if possible, we would prefer that Safehaven staff be redeployed to a different location. We are working on allocating specific agency staff to be designated to Safehaven during this time.

Q: I have heard that some antipyretics (medications that reduce fever), specifically NSAIDS (eg. Advil) can mask symptoms of COVID-19. Is this true?

A: The World Health Organization has released a statement saying that at this time there is no current evidence to support the concerns of using Advil to treat patients with COVID-19. However, it is common practice in pediatric care to use Tylenol as a first line of defenses so please start with that.

Q: How can I help protect the clients, my family and myself?

A: Clean frequently; please review the Cleaning and Disinfecting in Client Areas Policy, which can be found on the shared drive in the *COVID-19 Resources* folder. Other strategies include: pulling long hair into a tight bun to avoid touching your face, bringing a spare change of clothes to change into once your shift is done and before traveling home, and showering immediately upon returning home. *Remember at this time no Safehaven clients have or are suspected to have COVID-19.

