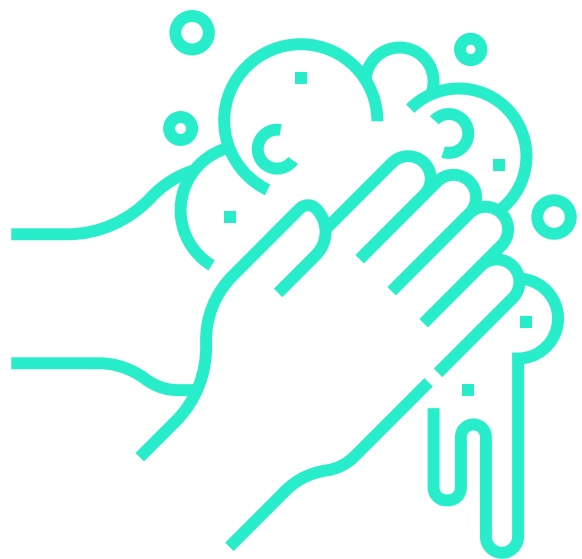


Wash your hands
with soap and water
thoroughly and often.



As recommended by the Government of Ontario

Here are some preventative measures you can take to help #FlattenTheCurve and stop the spread of Covid-19



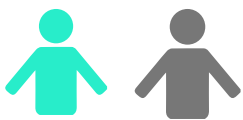
Wash your hands often with soap and water or use an alcohol-based hand sanitizer when soap and water is not available.



Avoid touching your eyes, nose and mouth, especially before you've washed your hands. Cover your cough and sneeze with a tissue or your sleeve.



Avoid shaking hands, try the new and improved elbow bump!



Avoid close contact and maintain social distancing.



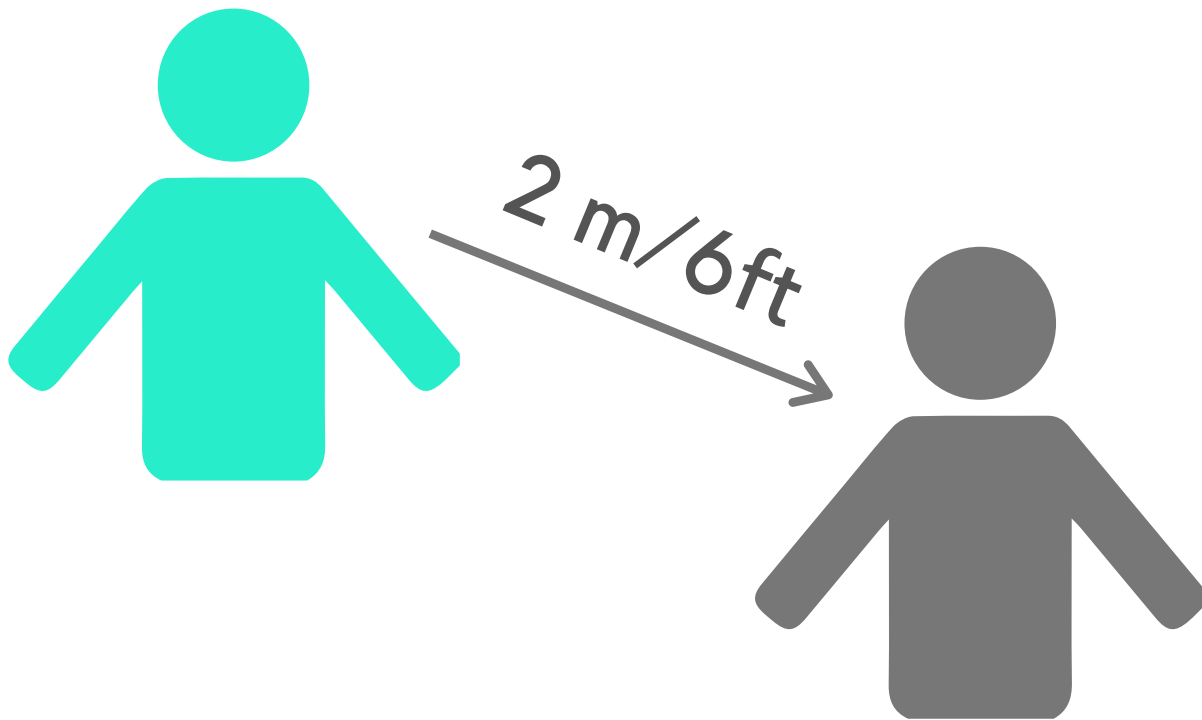
Practice self-isolation and stay home if you are feeling ill.



Clean and disinfect frequently touched objects and surfaces.

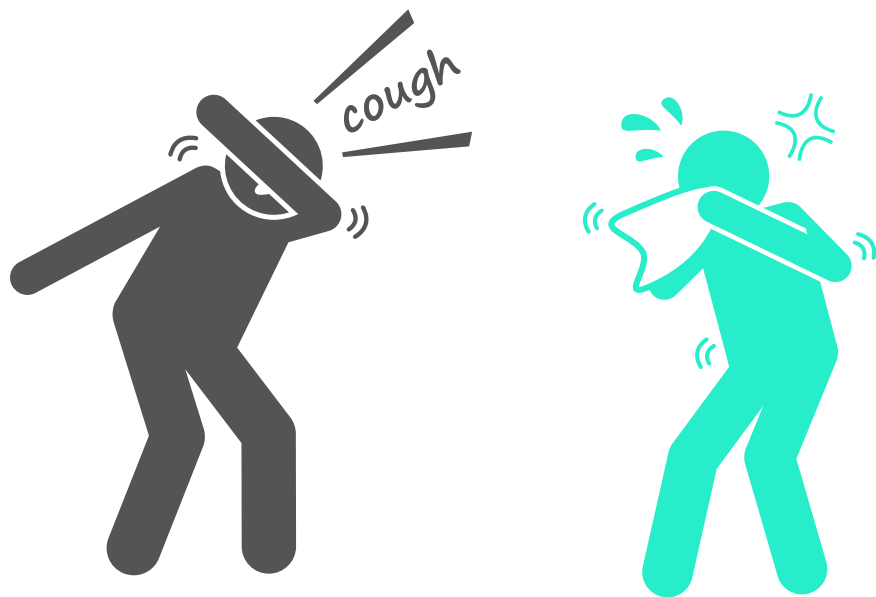


Please keep your physical distance: this means remaining two meters from one another when socializing.



As recommended by Toronto Public Health

Prevent the spread of germs by covering your cough or sneeze with a tissue or your sleeve!



As recommended by Toronto Public Health

Avoid large gatherings.



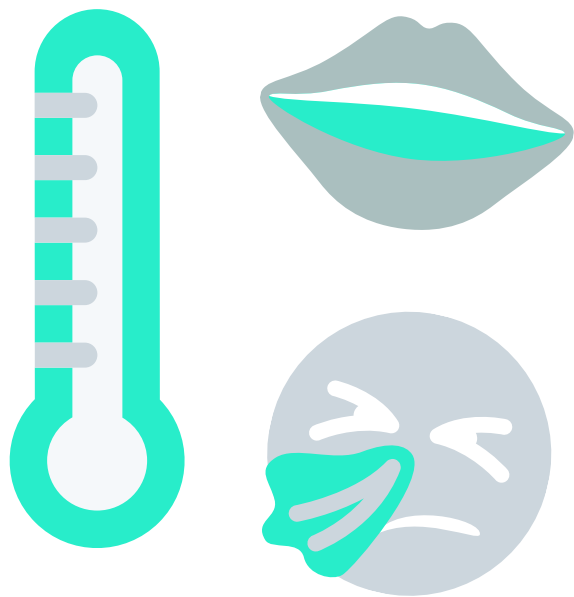
As recommended by the Government of Ontario

Only visit an
assessment centre if
referred by a health
care professional.



As recommended by the Government of Ontario

Monitor for symptoms daily.



As recommended by the Government of Ontario

Physical distancing in effect!



**BE SMART
STAY 6 FT APART**



As recommended by the Government of Ontario